

Healing Healers Heal: A Definition, Expansion, and Insistence for Our Wellness



Della V. Mosley, Ph.D. President, WELLS Healing Center Co-Founder, Radical Healing Collaborative

From President Biden's inaugural address to the rising interest in ancestral and indigenous healing practices in popular culture, healing has become a buzzword in the United States. In this public lecture, Dr. Della V. Mosley will provide a deep dive discussion that goes beyond the buzz and into the definitions, pathways, and possibilities for healing and for being a "healer." With a focus on both personal and collective wellness, attendees will explore the necessity of approaching healing from an intersectional, critical, and practical approach. Dr. Della will support attendees in uncovering their relationship to healing and reflecting on possibilities related to taking on the role of being a healer.

Join us as we welcome Dr. Della V. Mosley for their in person talk, *Healing Healers Heal: A Definition, Expansion, and Insistence for Our Wellness*! Dr. Della V. Mosley (they/them or she/her) is a healer, scholar-activist, and spacemaker who uses Black feminist approaches to facilitate holistic wellness for people of the global majority, particularly Black people and all queer and transgender People of Color. Dr. Della earned a PhD in Counseling Psychology, is the president of The WELLS Healing Center non-profit, and co-founded The Radical Healing Collaborative, a mental health group practice in Durham, NC. Dr. Della has published over 30 peer-reviewed articles and book chapters centered on wellness and liberation. They also co-founded the initiative Academics for Black Survival and Wellness and recently presented a TEDx talk entitled "Moving from Woke to Working for Black Futures." Connect with them on Instagram @dvmosley or by visiting <u>www.DellaVMosley.com</u>.

Food and drinks will be served!

This event will be recorded.

This event is co-sponsored by the Society of Counseling Psychology - APA Division 17, The Healing Space, UCSB Diversity, Equity, and Inclusion (DEI), and UCSB Counseling & Psychological Services (CAPS) UC SANTA BARBARA Office of Diversity, Equity, and Inclusion

<u>Please RSVP for this in person event here</u> <u>Please register for the livestream here</u>