



Stacey Doan, Ph.D.

Professor, Department of Psychology, Claremont McKenna College

Director, Berger Institute for Individual and Social Development



Food and drinks will be served!

This event will be recorded.

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Center for Black Studies Research

RETHINKING RESILIENCE

June 10, 2024 | 2:00 pm | UCSB 4603 South Hall

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Resilience, or the ability to thrive in the face adversity, has been a much-lauded concept in the past several decades. However, recent work suggests that striving for success in the face of adversity can come at a cost. In her current talk, Dr. Doan will share psychobiological health research on the costs of social mobility and discuss how the discourse of resilience can be harmful to disadvantaged youth.

-Stacey Doan

About the Speaker

Dr. Doan received her PhD from Cornell University. Her work focuses on examining the biological, social, and individual correlates of physical health and psychological well-being, with a particular interest in social determinants of health. Moreover, her work is focused on understanding the role of social relationships, environmental and contextual factors that may support healthy adaptation and development. She approaches her studies through the lens of the cultural-fit hypothesis, which emphasizes the person-situation interaction and highlights how psychological processes may vary across cultures and contexts. This understanding would lead to different solutions to the same problems of healthy adaptation and development, as well as acknowledging different strengths.

Her work has been funded by the National Institute of Drug Abuse, the National Institute for Child Health and Development, the National Science Foundation as well as multiple private foundations. She has been published in the top developmental and health journals.