HOW SOCIAL FACTORS AFFECT

THE HEALTH & WELLBEING

OF ADULTS DURING



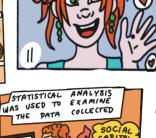


COVID-19 SENT AMERICANS/

INTO LOCKDOWNS AND ISOLATION WHICH IMPACTED MENTAL HEALTH







SUPPORT

CAPITAL









EDU CATION



SAMPLE OF 23TO OLDER ADULTS
D 49+ WERE SCIECTED FROM THE (NSHAP
NATIONAL SOCIAL HEALTH AND
AGING PROJECT DATASET NATIONAL

SOUAL SUPPORT WAS MEASURED THROUGH LEVEL OF HELP AN INDIVIDUAL RECEVED

AFRICAN-AMERICANS AND HISPANICS WERE SAMPLED AT A MUCH HIGHER RATE LARNYO, E., TETTEGAH, S.

GRIFFIN, B. et al. 2024

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STATISTICALLY SIGNIFICANT

A. K. A STRONG RELATIONSHIP BETWEEN SOURL CAPITAL,



CONCLUSION: SOCIAL CAPITAL SOCIAL SUPPORT AND SOCIAL NETWOR FORMATION POSITIVELY IMPAIT THE QUALITY OF LIFE OF AMERICAN ADULTS DURING COVID-19 [OTENTIAL SOLUTIONS WOULD INCLUDE

CIVIC ACTIVITIES (VOLUNTEERING) STRENGTHENING COMMUNITY TIES TO

FOSTER COMMUNITY CREATING AGE FRIENDLY

COMMUNITIES -THIS STUDY ALSO POSITS THAT THESE SOLUTIONS MUST ACCOUNT FOR INCOME, HEALTH CARE & ACCESSIBILITY